2022 Annual Activity Report

ITTFFOUNDATION.org
ITTF FOUNDATION thanks:

for their support to the
Dream Building Fund.

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participants
#TableTennisUnited supported
initiatives
Project partners

We think green. This report is printed on recycled paper.
Introduction

Dear Friends and Supporters of the ITTF Foundation,

It is with great pleasure that we present to you the 2022 Annual Report. As we reflect on the past year, we cannot help but feel a sense of gratitude for the unwavering support and dedication of our partners, stakeholders, and the wider table tennis community.

Despite the challenges posed by the ongoing pandemic, we are proud to say that the ITTF Foundation was able to achieve significant milestones in our mission to use the power of table tennis to deliver sustainable social change. In particular, we were thrilled to release our Strategic Plan for 2022-2025, which outlines our ambitious goals for the next three years and beyond.

Through the implementation of this plan, we aim to increase our impact in areas such as gender equality, social inclusion, and sustainability, while also continuing to support the development of table tennis as a sport for all. With the guidance of our dedicated Governing Board and Board of Trustees and the hard work of our team, we are confident that we can make a meaningful difference in the lives of countless people around the world.

As we look forward to the future, we are excited to build upon the momentum of the past year and continue to grow and evolve as an organization. We are grateful for your continued support and look forward to working together towards a brighter future for all.

Sincerely,

Petra Sörling, ITTF Foundation President
Leandro Olvech, ITTF Foundation Director
Founded in 2018, the ITTF Foundation was created by the International Table Tennis Federation as an independent nonprofit organisation. The Foundation aims to create positive impacts through table tennis in communities worldwide. We work through five programmes, which contribute to the UN Sustainable Development Goals.

Our Vision
Table Tennis. For All. For a Better Life.

Our Mission
We use the power of table tennis to deliver sustainable social change.
Table tennis is a highly inclusive sport that appeals to people of all ages, regardless of their cultural background, gender identity, physical or mental ability. It provides numerous benefits for physical, mental, and social well-being and is an enjoyable leisure activity that can be easily accessible in various contexts. Leveraging these unique characteristics, the ITTF Foundation has developed Five Programmes to promote the sport and its benefits to a diverse audience while using it as a tool to foster sustainable development.

Through its wide range of Projects, designed and implemented carefully under the different Programmes, the Foundation works with partners and participants to improve their daily lives by utilising table tennis as a means of attracting more people to play, engaging them in various topics relevant to their local context, and trying to give them an opportunity to improve their lives by taking advantage of the numerous benefits of regular participation in table tennis – including access to education, improved health and wellbeing, enhanced gender equality, and a number of other social development priorities. While the programmes serve as strategic directions, it is the commitment of our partners and participants who believe in using table tennis to make the world a better place that breathes life into them. Thanks to the dedication of these individuals, the Foundation can execute its projects and, in turn, continue to work towards its objective of using table tennis as an enabler of the UN SDGs.

Programmes & Projects

Supporting initiatives that solve problems within their communities by using table tennis as a tool for development.

Making table tennis accessible to all, regardless of gender identity, nationality, social status, culture and physical and mental ability.

Promoting the social, mental and physical health benefits of table tennis.

Promoting peaceful behaviour among individuals, groups, regions or nations by using table tennis as a tool for conflict resolution.

Leaving behind a positive, sustainable legacy for communities hosting ITTF Group events.
Our Worldwide Involvement

Programmes & Projects

Programmes & Projects
Overview 2022 on ITTF Foundation’s contribution to Gender Equality

ITTF Foundation projects: Contribution to UN SDG 5 – Gender Equality

- Participation, leadership & volunteering in projects by gender identity

- Progress over the years:
How has the ITTF Foundation impacted your life?

“Being one of the WTDD 2022 Promoters gave me a great feeling of satisfaction; seeing the participants enjoying, interacting and playing their favorite sport, table tennis”.

Naresh Rawal, WTDD 2022 Promoter from Nepal

“The information I was receiving on physical changes during adolescence were not entirely true, some of them were fact, but some were myths. For example: I am a girl and when I get periods, I am told I will be restricted for some things at home – I am told what I can or cannot do. After attending PSD’s sessions, we learnt that all those practices are wrong and nothing of this exists. This process of is part of becoming a woman and doesn’t create a problem in our bodies. I was so happy to understand that these restrictions at home are myths.”

Pritimaye Sahoo, female project participant from DBF 20 recipient Pro Sport Development International, India

“We express our sincere thanks for the provided equipment and clothes for the table tennis section for the children of the community. In wartime conditions, the ability to continue education and upbringing of children is a challenge for us. We are incredibly grateful for your support and understanding of the importance of this project to us.”

Hennadii Hlukhmaniuk, Mayor of Mohyliv Podilskyi, Ukraine
EduDrive Table Tennis

EduDrive Table Tennis is a three-year project aiming to promote education, encourage school attendance among children at risk of dropping out in poor communities, and motivate those who have dropped out to re-enrol.

Organisations: Asaba & NK Foundations
Location: Ofankor and Kweikuma Communities, Ghana
Allocated Resources: Dream Building Fund

UNDEARTAKEN ACTIVITIES
• A total of 79 extra tuition classes in numeracy and literacy, as well table tennis training sessions
• Kick off of practical science sessions
• Menstrual health campaign
• Free provision of snacks, female hygiene products and stationary

ACCOMPLISHED OUTCOMES
• Create a positive mindset for the kids who take part in the programme, help them believe in themselves and empower them to see a brighter future than they currently think of
• Reduction in absenteeism among female students

Community Table Tennis

Community Table Tennis is a two-year project which aims to empower 250 boys and girls to become gender-sensitive, confront harmful gender-based stereotypes and impact gender perceptions of peers, family members and schoolteachers.

Organisation: Pro Sport Development International
Location: Bhubaneswar, Odisha, India
Allocated Resources: Dream Building Fund

UNDEARTAKEN ACTIVITIES
• On-ground sessions across all four schools in Bhubaneswar incl. various lessons using table tennis for gender equality, and life skills like teamwork and communication
• Provision of table tennis table to the schools, and sport-kits to participants
• Successful implementation of CSR project Lighting Up Table Tennis Courts through installation of lighting with solar back up in the table tennis halls of all four schools

ACCOMPLISHED OUTCOMES
• Create a well-structured, goal-oriented and gender-sensitive curriculum using table tennis as a tool, focusing on teaching soft skills, imbibing leadership ability and facilitating the concepts of gender, stereotypes and violence
• Young girls and boys develop gender-sensitive leadership ability and build soft skills
• Setup sustainable table tennis infrastructure in community-based schools
• Organise mixed-gender public events, exposure matches and summer camps for the participating children

Organisations:
Asoba & NK Foundations
Location: Ofankor and Kweikuma Communities, Ghana
Allocated Resources: Dream Building Fund

689 REACHED PARTICIPANTS
46,4% 0% 0% 0%

PROJECT PARTICIPANTS

252 IMPACTED PARTICIPANTS
46,4% 0% 0% 0%

PROJECT PARTICIPANTS
Affective Leadership is a two-year project that aims to promote positive decision-making and body care, reduce violence and increase self-esteem in 140 girls and teenagers, including their families and the local community.

UNDERTAKEN ACTIVITIES*
- DBF project launch event
- Workshops and socio-educative interventions on gender equality and sexual education for participants
- Administrative and coaching workshops for facilitators
- Workshop on gender inequality for parents and teachers
- Table tennis activities

*Reports missing

ORGANISATION:
Asociación Colombiana De Mujer y Deporte

LOCATION:
Calarcá, Quindío, Colombia

ALLOCATED RESOURCES:
Dream Building Fund

DESIRED OUTCOMES
- Promote good and positive decision-making, body care and increase self-esteem
- Development of values such as equity and inclusion
- Learn about gender, sexuality, body, child/adolescent rights, stereotypes, benefits of physical activity, protocols of prevention of harassment and sexual abuse, and violence prevention to reduce all types of violence in and out of the sports structure
- Formation of competencies and values of responsible citizenship
- Empower girls to continue studying and helping them to apply to a sport scholarship to break the cycle of poverty and enhance access to quality education
- Identification of key institutions and resources to avoid, prevent and resolve social problems affecting vulnerable communities
- Generate a culture of healthy habits among women and girls

91 REACHED PARTICIPANTS

Smash Down Barriers is a three-year project which aims to improve the quality of life for persons with disability in remote villages on the main island of Tongatapu.

UNDERTAKEN ACTIVITIES
- Beginning of year: Activities and table tennis equipment have been moved to two evacuation centres after Tonga has been severely affected by the volcanic eruptions and tsunami
- Table tennis activities in schools to raise awareness of inclusion among children
- Courses on safeguarding and coaching with increased focus on women and girls as target group to provide more equal opportunities

ORGANISATION:
Tonga Table Tennis Federation

LOCATION:
Tongatapu, Tonga

ALLOCATED RESOURCES:
Dream Building Fund

DESIRED OUTCOMES
- Increased awareness of the need to develop accessible infrastructure and facilities to support the needs of people with disabilities
- Increased knowledge and awareness for persons with a disability on the positive mental benefits of physical activity for people with disabilities in remote villages
- Increased technical table tennis skills through inclusive coaching for people with disabilities in remote villages
- Increased feeling of belonging and societal participation for people with disabilities in remote villages
- Increased opportunities for people with disabilities to participate in regular physical activities

21 IMPACTED PARTICIPANTS

PROJECT PARTICIPANTS

37.4% 0% 62.6% 0%
Impacting Lives is a three-year project aiming to transmit Olympic values such as friendship, excellence and respect to children and young people in national schools from the country’s most vulnerable and impoverished areas.

**UNDERTAKEN ACTIVITIES**
- Table tennis sessions and tournaments
- Summer workshops on healthy nutrition and psycho-social skills
- Training for teachers on technical, psychological and nutritional topics

**DESIRED OUTCOMES**
- 60% of the students of the educational institution are beneficiaries of the programme (kindergarten, elementary and high school)
- 95% of physical education teachers are trained in the technical practice of table tennis
- 80% of children show improved level in managing emotions, soft skills and values
- At least 70% of the project participants demonstrated positive behavior change and increased cognitive development
- Increase level of motivation, focus and willingness to learn
- Parents create a positive and supportive environment for their children in their academic, sports and social activities

*To be reviewed in 2023*
The three-year project aims to use table tennis as a rehabilitation tool for juvenile offenders’ rehabilitation. Reaching 1,000 reformed youths and juveniles directly, the project has been designed to integrate table tennis into youth crime prevention strategies by enabling youth to constructively make use of their time while reducing stress level, enhancing social development, and increasing employment opportunities.

**UNDEARTAKEN ACTIVITIES**
- Project implementation phase: project design, programme planning and selection of participants, as well as meetings with potential partners
- Mentorship sessions and behaviour change communication programmes for children and youth
- Consultive forum for parents and guardians, and community
- Steps towards improved collaboration with government and like minded organisations

**ACCOMPLISHED OUTCOMES**
- Positive mindset among participants to believe in themselves and see a brighter future
- Reduction in violence, crime and anti-social behaviours among high risk children and youths
- Increased acceptance and end to victimisation and stigmatisation of ex-offenders by their peers and community

**DESIIRED OUTCOMES**
- At least 70% of participants demonstrate positive behaviour change and improved cognitive development
- At least 70% of participants develop employable competencies like respect, team work, communication, leadership, critical thinking, and self-confidence
- Increased school re-entry and reduced drop-out rates recorded among the male high risk adolescents
- Increased participation of the community in crime and drug prevention, and in reintegration programme for high risk children in slums
- Increased community and school involvement in crime prevention among the adolescent

**Rising Stars**

**Organisation:** Spin Club  
**Location:** Tehran, Iran  
**Allocated Resources:** Dream Building Fund powered by GSD

The three-year project aims to provide a safe and inclusive space for women and girls to work on their personal development, train in table tennis and work towards gender equality and inclusion in their community.

**UNDEARTAKEN ACTIVITIES**
- Project implementation phase: project design and programme planning
- Workshops on leadership, setting goals, critical thinking, prevention of sexual exploitation and abuse, etc.
- Table tennis activities

**DESIIRED OUTCOMES**
- Participants and volunteers have developed employable competencies like respect, team work, communication, leadership, critical thinking, and self-confidence
- Participants and volunteers have more opportunities to participate in international and national tournaments
- Volunteers, especially coaches, have an increased understanding of TT4D and use TT for various development goals

**IMPACTED PARTICPANTS**
- 52
**IMPACTED VOLUNTEERS**
- 16
Table Tennis for early-life socio-ecological responsibility

Organisation: Tanjun Associate LLP
Location: LLP Uttarakhand state, India
Allocated Resources: Dream Building Fund powered by GSD

**UNDERTAKEN ACTIVITIES**
- Project implementation phase: project design, programme planning and screening of facilitators, as well as constructing table tennis tables with a base out of bamboo
- Interactive workshops on green careers, rooftop farming, and tree planting activities
- Provision of table tennis equipment to schools, incl. schools in the higher Himalayan region
- Table tennis activities

**ACCOMPLISHED OUTCOMES**
- Participants are sensitised in early-life about the urgency to conserve our environment
- Local communities in and around the schools are aware about bamboo and its potential to be an additional source of income

**DESIRED OUTCOMES**
- Students have raised awareness of green careers, thereby contributing to collective climate action
- Students are involved in activities to support carbon sequestration
- Positive impact on concentration and other life skills through effective table tennis skills training
- Teachers and students have access to better data and knowledge on mitigating global future shortage, including through the creation of rooftop farms

**IMPACTED PARTICIPANTS**
- 168
- 44.6%
- 0%
- 55.4%
- 0%

**IMPACTED VOLUNTEERS**
- 24
- 54.2%
- 0%
- 45.8%
- 0%

Naulo Ghumti Nepal

**TT for New Life**

Organisation: Naulo Ghumti Nepal
Location: Pokhara, Nepal
Allocated Resources: Dream Building Fund powered by GSD

The three-year project aims to assist members of the rehabilitation center in their social re-integration along with their substance abuse recovery targeting 120 male and female rehabilitation center residents.

**UNDERTAKEN ACTIVITIES**
- Project implementation phase: project design, programme planning and induction of participants
- Introduction of table tennis as a tool for recovery for staff
- Creation of ‘Half-Way-Houses’ for patients to extend their regular stay
- Table tennis activities and tournaments

**ACCOMPLISHED OUTCOMES**
- Enhanced understanding among rehabilitation staff/workers in the use of table tennis for improved recovery

**DESIRED OUTCOMES**
- Improved recovery among 120 male and female rehabilitation clients over three-year period who took up table tennis through engagement in a sustained and meaningful social activity
- Increased awareness and adoption of sports as means to improve recovery by other rehabilitation organisations and community
- Establishing table tennis as a community-based sport within rehabilitation programmes
- Formation of Guideline for Sports-Assisted Drug & Alcohol Rehabilitation

**IMPACTED PARTICIPANTS**
- 49
- 22.4%
- 0%
- 77.6%
- 0%

**IMPACTED VOLUNTEERS**
- 17
- 23.5%
- 0%
- 76.5%
- 0%
The two-year project aims to use table tennis as a tool to improve mental health among 600 adolescents and youth in Nakivale Refugee Settlement and surrounding rural host communities in Isingiro District—Southwestern Uganda.

**Organisation:**
Integrated Community Development Initiative

**Location:**
Nakivale Refugee Settlement, Uganda

**Allocated Resources:**
Dream Building Fund powered by GSD

### Undertaken Activities*

- Project implementation phase: project design and programme planning
- Consultation with stakeholders from government, refugee settlement and mental health institution

*Reports missing

### Desired Outcomes*

- Improved physical and mental health among targeted adolescents and youth
- Equal participation of female and male adolescents and youth in table tennis sports programming
- Increased resilience among adolescents and youth populations
- Improved peace of mind, communication and life skills among refugee adolescents and youth
- Increased knowledge of table tennis for mental health among teachers and administrators from primary and secondary schools
- Reduced school dropout rates among students in the refugee camps and in rural host communities

*To be reviewed in 2023

### Overall Outcomes

The ITTF Foundation offers technical assistance for knowledge and capacity building through contextualised training workshops and development of resources. The ITTF Foundation worked in collaboration with the Deutsche Gesellschaft für Internationale Zusammenarbeit GmbH (GIZ), acting on behalf of the Bundesministerium für wirtschaftliche Zusammenarbeit und Entwicklung (BMZ) on a project to enhance the use of Table Tennis for Development (TT4D) in alignment with the UN Sustainable Development Goals (SDGs) in the Western Balkans, Iran and Uganda.

The project focused on building the capacity of individuals and practitioners in the sport of table tennis, including community project leaders, coaches, volunteers and participants. A key focus was also placed on knowledge sharing and enhancing access to resources on how to use Table Tennis for sustainable development, to make sure that those interested in using Table Tennis for development had ready access to educational materials and expertise verified practically through by SD4 Leaders and coaches around the world.

### Collaborative partnership with GIZ

Making table tennis accessible to all, regardless of gender identity, nationality, social status, culture and physical and mental ability.

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<thead>
<tr>
<th>PROJECT PARTICIPANTS</th>
<th>126 REACHED PARTICIPANTS</th>
<th>5 IMPACTED VOLUNTEERS</th>
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<th>PROJECT VOLUNTEERS</th>
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Capacity Building to enhance access to Table Tennis for All

1. Capacity building workshop to increase the use of TT4D in the Western Balkan region, to enhance access to table tennis for all using careful project design, monitoring and evaluation for better decision making, and knowledge exchange to share different approaches to enhance participation.

2. Capacity building workshop in Iran to increase the use of TT4D as a tool for gender empowerment.

- Workshop attended by representatives from Montenegro, North Macedonia, Albania, and Kosovo.
- 20 Participants (18 M, 2 F, 0 NB)

- Workshop attended by representatives from Table Tennis clubs across 10 cities in Iran.
- 25 participants (25 F, 0 M, 0 NB)
- 2 participants with a physical disability

93% of the participants highly satisfied with the quality of the workshop.

100% of the participants developed an enhanced understanding of S4D and TT4D following the workshop.

85% of participants satisfied with level of information and training provided at workshop.

86% of participants reported it is (highly) likely they use table tennis to address challenges in their communities relating to gender equality, access to education, discrimination, and many other issues.

93% think it is realistic to solve local problems using table tennis.

43% found case studies as most useful, another 43% found group discussions and activities as most useful feature of the workshop.

88% of the participants reported an increased understanding of S4D and TT4D after attending the workshop.

93% of participants are satisfied with level of information and training provided at workshop.

100% found it helpful to have 3 different instructors with 3 different training styles from the ITTF Foundation.

46% found the theoretical part as most useful, 23% the group discussions and activities, 25% the practical exercises, and 19% the case studies as most useful part of the workshop.

100% of participants reported it is likely they use table tennis to address challenges in their communities relating to gender equality, access to education, discrimination, and many other issues, with 25% reporting it as only somewhat likely.

75% think it is realistic to solve local problems using table tennis.

85% think it is realistic to solve local problems using table tennis.
Dream Building with Refugees

Through this project the ITTF Foundation supports and implements projects to support the socio-economic development and social integration of refugee and migrant populations with the aim to provide relief, create safe spaces, develop a sense of identity, provide vocational skills and present role models to help promote resilience, social interactions, and health and wellbeing. In 2022, bulk of the table tennis activities with refugees were concentrated in Jordan, within the Azraq refugee camp.

In Azraq, regular table tennis sessions have benefited a total of 20 children in Q4, with 7 girls and 13 boys. Of the participants, 6 are children with disabilities. The main objective of the training sessions is to improve the motor skills and teach the children how to play table tennis. This year, the focus has been to reach the maximum number of kids in the camp and to involve them in the planning of the table tennis activities.

The coach in the camp is intent on ensuring that table tennis can be introduced as an activity for all ages, abilities and gender identities. Besides a focus on technical aspects of table tennis, the sessions seek to enhance social skills, self-efficacy and decision making. The training also focuses on diverting the children away from harmful habits and choices, and to help the children overcome the trauma of war in Syria.

“Since I started in the Azraq refugees camp the table tennis sessions the idea was to give the children’s the taste of the sport and try to help them to over pass the difficulties they have had during the war in Syria.”

The sessions focussed on the following:
• spreading the culture of the sport in the camp by involving boys, girls, with and without disabilities;
• improved the ability of the kids to work in groups and communicate better with each other;
• integration of children with disabilities and encourage them to do sport;
• improve the motor skills and teach them how to play table tennis;

“The main idea is also to learn to accept when they lose, which will improve their ability in how to interact in different situations, build resilience, and help decisionmaking.” (Quotes by Coach Yousef Abo Yaman)

Equality starts with us.
We are committed, are you?

Diversity and Inclusion

The inaugural ITTF Summit was organised in Amman, Jordan on 4-5 December 2022. On 5 December, the ITTF Foundation moderated a panel discussion on Diversity and Inclusion, with the objective to sensitise the ITTF Group stakeholders and its partners on safeguarding, gender mainstreaming in leadership in sport, and LGBTQ+ integration in and through sport. The panel focused on raising awareness of the meaning of diversity and inclusion in sport, and to ensure that stakeholders appreciated the importance of enhancing diversity and inclusion in and through table tennis. In the wake of the discussion, through the newly instituted Gender Equity, Diversity and Inclusion (GEDI) Taskforce, the ITTF Group will continue to take progressive action to further reinforce diversity and inclusion in and through table tennis.
World Table Tennis Day

A. World Table Tennis Day 2022: Peace on the Table

Roughly six weeks before World Table Tennis Day 2022, the Russian troops invaded Ukraine. Many were left hurt, displaced, and wondering when the ordeal would end before the peace returned.

World Table Tennis Day 2022 focused on using table tennis for peace-making and conflict resolution. In line with the biennial celebration of the 50th anniversary of Ping Pong Diplomacy (PPD), the ITTF Foundation chose PPD as the theme for World Table Tennis Day 2022. Thanks to all Promoters and event organisers around the world, World Table Tennis Day 2022 contributed to the UNSDG 16 – Peace, Justice and Strong Institutions, shed the spotlight on the power of sport, particularly table tennis in building bridges, creating friendship, and seeking reconciliation on both the states and grassroots levels.

The ITTF Foundation spent a fun (and sweaty) day playing with the Ukrainian Deaf mute national team players that are currently taking refuge in Leipzig, Germany where our headquarter is. Events were organised worldwide to celebrate World Table Tennis Day, by people and organisations that sought to create dialogues and bring #PeaceOnTheTable through table tennis.

In our celebrations, we were joined by the table tennis fraternity from all around the world, including 25 promotors from all 5 continents, and over 300 live events in a 107 countries and territories.

On WTTD 2022, we once again called upon our enthusiastic promotors to help us promote the power of table tennis in peace-making with their curated events. After fierce competition, we have selected 25 passionate Promoters from all five continents this year to support our goal of bringing #PeaceOnTheTable through our favourite sport.

**COMPARATIVE TABLE**

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* Online – Table Tennis at Home Day celebration due to Covid-19 outbreak
Grassroots
Ping Pong Diplomacy:
Reaching beyond borders, building bridges and creating change.

We have also published a Ping Pong Diplomacy toolkit to help those who wish to bring Ping Pong Diplomacy to the grassroots level, on World Table Tennis Day or not. Some great examples are the awareness programmes to divert youth to sport instead of crime by the Fiji Table Tennis Association, the anti-conflict city walk and the conflict resolution table tennis matches by the Offfiong Edem Foundation in Calabar South, Nigeria, and a one-week table tennis camp in Nepal by Saroj’s Table Tennis 4 All to combat religion and Caste biases. As established through our post-WTTD evaluation, 91% of our promoters committed to use the Ping Pong Diplomacy toolkit beyond WTTD 2022 to continue using table tennis as a tool for diplomacy and conflict resolution in their local contexts.

B. At the ITTF Summit in Amman, Jordan, it was announced that the World Table Tennis Day (WTTD) will now be celebrated on 23 April (23/4) every year, in honour of Ivor Montagu, the inaugural president of the ITTF. At the Summit, it was officially announced that the theme for WTTD 2023 would be Sustainability, with activities to demonstrate and exemplify how table tennis can be used to serve people, for the betterment of the planet, while ensuring prosperity for all.

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Overview
The TT4Health Programme is an initiative aimed at promoting and utilizing table tennis as a means to improve health and well-being worldwide. The programme recognises the numerous physical, mental, and social benefits that can be derived from playing table tennis, and seeks to leverage the sport's accessibility and inclusivity to address various health challenges and promote an active lifestyle.

The primary objective of the TT4Health Programme is to encourage people of all ages and backgrounds to engage in table tennis activities as a means of improving their overall health and well-being. The programme recognises that regular physical activity is crucial for maintaining a healthy lifestyle and preventing various non-communicable diseases, and table tennis offers a fun and accessible way to achieve these goals.

Key components of the TT4Health Programme include:

- **Awareness and Education**: Raising awareness about the health benefits of table tennis through campaigns, projects, and educational initiatives.
- **Community Engagement**: Organising grassroots events, partnering with local organisations, and establishing table tennis clubs and projects in underserved areas.
- **Research and Innovation**: Support research efforts focused on exploring and expanding the specific health benefits of table tennis. This research aims to deepen our understanding of how table tennis can positively impact various health conditions and inform the development of innovative approaches and interventions in the field of sports-based health promotion.

Partnerships and Collaborations: The ITTF Foundation collaborates with various stakeholders, including national table tennis associations, public health organisations, and sponsors and funders to maximise the reach and impact of the TT4Health Programme.

Through the TT4Health Programme, the ITTF Foundation envisions a world where table tennis is recognised as a valuable asset in public health strategies, contributing to the overall well-being of individuals and communities. By harnessing the power of table tennis, the programme seeks to inspire people to lead healthier lives, foster social connections, and enhance their physical and mental resilience.

A. Awareness and Education

1. SPIRIT Project with the European Non-Government Sports Organisation (ENGSO)

The ITTF Foundation was a Partner on the Sport and Psycho-Social Initiative for Inclusive Training (SPIRIT) being coordinated by the European Non-Government Sports Organisation (ENGSO), and supported by partner organisations across the European Union.

The main aim of the project was to make sports clubs more accessible and welcoming to everyone, including refugees, by developing a framework for humane, inclusive, and empowering coaching that nurtured good mental health and well-being.

The objectives of the SPIRIT project were to:
- Collect, compile, and disseminate relevant research review and useful best practice examples in the field of sport and mental health.
- Develop and promote key recommendations for educating coaches that advanced the mental wellbeing of their sports participants. These recommendations for coaches’ education were based on the research review and mapping study on best practices.
- Create and implement a coaching framework that presented the academic case (based on research review) for sports and mental health in an accessible manner and utilised best practice examples to guide the learner through an educational path.
- Produce and disseminate an accessible online learning tool facilitating the skills development of coaches in a flexible way. This online educational content was publicly available and free.

The main activities for the delivery of the SPIRIT Project included Transnational Partner Meetings, Intellectual Outputs, and Multiplier Sport Events. The objectives of the project were achieved through the creation and dissemination of the Intellectual Outputs. However, the successful delivery of the project’s objectives also relied on effective project management, collaboration, and communication.

In the course of the SPIRIT project, 13 national and international events were organised in Germany, Finland, Greece, Spain, Belgium, and Bulgaria, targeting groups such as coaches, sports clubs, national sports confederations and National Olympic Committees, sports federations, universities, mental health organisations, refugee organisations, and decision-makers at different levels.

The ITTF Foundation also organised a Multiplier Event in Leipzig, attended by representatives from 10 countries, who were sensitised on the handbook as well as the online course, as part of a comprehensive workshop on mental health and well-being in and through sport.
2. Capacity building workshop in Uganda to increase the use of TT4D for positive physical and mental health, education and gender empowerment (Cross-cutting priority for TT4All).

- Workshop attended by representatives from 3 TT4D projects in Uganda.
- 22 participants (17 M, 5 F, 0 NB)
- 7 refugees

1. World Table Tennis For Health Festival

- 94% reported increased understanding of S4D and TT4D after attending workshop
- 100% of participants are satisfied with level of information and training provided at workshop
- 100% of participants satisfied with the expertise and ability of the experts conducting the workshop
- 94% found it (very) helpful to have 2 different instructors with 2 different training styles from the ITTF Foundation
- 50% found case studies as most useful, another 31% found theoretical part as most useful of the workshop
- 81% of participants reported it is (highly) likely they use table tennis to address challenges in their communities
- 94% think it is realistic to solve local problems using table tennis relating to gender equality, access to education, discrimination, and many other issues.

B. Community Engagement

1. World Table Tennis For Health Festival

- Hosts selected for 2023 and 2024
- Registrations open for 2023 Edition in Crete, Greece
- Technical Guidelines on classification, laws, and participation of member associations released.

- First ever edition of World Championships for people with Alzheimer’s announced for 2023
- Consultations held with projects and experts on table tennis for people with Alzheimer’s.
- To be organised alongside the World Championships for Alzheimer’s and Parkinson’s in Crete, Greece.
- Forum for consultation, knowledge exchange, and building partnerships to enhance the positive impact of table tennis on health and wellbeing.

2. Pingromemory

A simple game of memory, combined with table tennis to raise awareness about the contribution of table tennis on the UN SDGs, while improving the mental and physical health and wellbeing of the players.

The game was piloted at the ITTF Summit 2022 in Amman, Jordan and will be used at future events, meetings and forums.
ITTF Foundation
2022 Annual Activity Report

C. Research and Innovation

1. Research partnership with Table Tennis Connections - NeuroPong

The ITTF Foundation entered into a collaborative partnership with Table Tennis Connections (TTC), in support of its NeuroPong programme, which is tailored to people with neurodegenerative conditions.

The goals are: improvement in motor function and disability status in people with Multiple Sclerosis, improvement of both motor and non-motor symptoms in people with Parkinson’s Disease, reduction of the speed of mental decline in people with Mild Cognitive Impairment.

Through this partnership, the ITTF Foundation and TTC will promote, using scientific evidence, table tennis as an activity that is more adoptable by patients to help provide more fun to their treatments through active socialisation, while ensuring the treatment results in better control of their balance, reduction of falls and consequently an overall increased quality of life.

The collaboration will result in the following outputs in 2023:
• Co-publication of the NeuroPongTM Handbook that will be adopted by ITTF Table Tennis for Health (TT4Health) Programme.
• NeuroPongTM research pilot findings published in peer-reviewed journal(s).

D. Partnerships and Collaborations

1. Organisers for the World Table Tennis for Health Festival, 2023 and 2024

• 2023: Hellenic Table Tennis Federation. Heraklion - Crete (GRE)
• 2024: GV Hennebont Tennis de Table. Hennebont (FRA)

• Letters of intent sign with both entities.

2. Ping Pong Parkinson (PPP)

The ITTF Foundation has been actively trying to establish a stronger collaboration with Ping Pong Parkinson (PPP) to enhance support for individuals living with Parkinson’s through table tennis. Our collaboration with PPP began in 2018 when we granted them the opportunity to host World Parkinson’s Championships [WPC] 2019 in the USA. The Foundation expresses its gratitude to PPP for helping make a positive start for our organisation of the WPC, followed by the successful second edition in 2021 in Berlin, hosted by the YUVEDO Foundation.

In 2022, the Foundation focused its efforts on resolving existing disagreements and disputes with PPP – around the future organisation of world championships for people with Parkinson’s – aiming to find a mutually beneficial solution that would enable us to work together effectively.

Throughout the year, several meetings and diplomatic efforts were undertaken to facilitate open and constructive discussions. The Foundation and PPP recognised the shared goal of utilizing table tennis as a means to improve the lives of people with Parkinson’s, and both parties were committed to finding common ground.

However, despite these extensive efforts, a definitive solution could not be reached in 2022. It was a challenging process that required navigating complex issues and differing perspectives. Despite the outcome, the ITTF Foundation remains steadfast in its commitment towards people with Parkinson’s, and ensuring that the table tennis community comes together to support those who need it the most.

Moving forward into 2023, the ITTF Foundation will continue its dedicated efforts to find a resolution and foster a productive partnership with PPP. Recognising the immense potential of table tennis as a therapeutic tool for individuals with Parkinson’s, we are keen to amicably unite our efforts to create meaningful and impactful programs and initiatives.

The Foundation acknowledges the importance of collaboration, cooperation, and a shared vision in addressing the needs of people with Parkinson’s. We are determined to work tirelessly to bridge any remaining gaps and forge a strong and harmonious partnership with PPP. By leveraging our collective expertise and resources, we can create a positive and lasting impact on the lives of individuals with Parkinson’s, ensuring they receive the support, empowerment, and opportunities they deserve through the wonderful sport of table tennis.

The ITTF Foundation extends its gratitude to all stakeholders involved in the collaborative efforts thus far and reaffirms its commitment to finding a solution that benefits the table tennis community and, most importantly, people with Parkinson’s. Together, we can make a difference.
Table Tennis Corporate Cup

Summary
Held for the first time during the ITTF Summit, the Table Tennis Corporate Cup aimed to promote table tennis, engage corporate organisations, and raise funds for the various projects of the ITTF Foundation.

Participants:
The tournament attracted corporate teams from various industries, promoting diversity and inclusivity.

Tournament Format:
The tournament was played in mixed pairs composed by one corporate player and one professional former or current top table tennis player. The group stage was played in knockout format providing a competitive environment for teams to showcase their skills.

Event Highlights:
The tournament began with a vibrant opening ceremony, followed by intense matches and opportunities for corporate networking. Awareness campaigns related to the ITTF Foundation’s initiatives were integrated into the event.

Outcomes:
The Table Tennis Corporate Cup successfully raised over EUR 50,000.- for the ITTF Foundation’s programmes, engaged corporate organisations, garnered significant media coverage, and laid the groundwork for future editions of the event.

THANK YOU TO THE JORDAN TABLE TENNIS FEDERATION
ITTF Group

We are proud part of the very active International Table Tennis Federation Group, composed by:

- International Governing and Olympic Body for Table Tennis
- WTT
- ITTF
- ITTF Foundation

The commercial and events business of the ITTF

The not-for-profit organisation using the power of table tennis to deliver sustainable social change.

Awards

Sports Business Award 2022

We are delighted with the recognitions we received in 2022.

WINNER
Best Sports Governing Body
ITTF Parkinson’s World Table Tennis Championships

"The Judges said this was a very laudable piece of work in a very under-appreciated area of support. Congratulations to the campaign for getting this recognised in the wider area of sport!"

SHORTLISTED
Best Sports Diversity and Inclusion Award

Edu Drive: Table Tennis Helps Keeping Students at School

Mention d’Honneur
Remembering the 2021 ITTF Parkinson’s World Table Tennis Championships

Sport Movies & TV 2022 – 40th Milano International FICTS Fest
Governing Board

The supreme body is legally responsible for the ITTF Foundation. It consists of four to eight members, three of which are permanent ITTF positions ex officio, namely the ITTF President, the Chief Executive Officer and the Vice President in charge of Development. The Governing Board determines the strategic direction, takes decisions and oversees the activities of the Foundation. They hold in-person meetings at least once a year and stay in regular contact via digital media during the rest of the year.

Board of Trustees

The controlling body of the ITTF Foundation consists of at least two and no more than eight trustees. One seat is filled by the ITTF Vice President for Finances, ex officio. The trustees elect a chairperson from their members for a 2-year term.

The Board of Trustees advises and supports the Governing Board's activities. They supervise the Governing Board, decide on its reduction or expansion, and review the annual accounts and the reports on the realisation of the Foundation's mission. They meet at least once a year in person.

Staff

The daily operators work closely together with the Governing Board. They execute its decisions and also submit proposals. They are behind the screens, on the phones or on multiple messenger services, and where necessary and possible, they travel to meet you in person. The management team operates from their headquarters in Leipzig, Germany, a fast-growing and vibrant international city. Not only do they exist to run the Foundation in the very best way, but also to listen to you and share the reality of the world with the decision-makers.

Don’t hesitate to get in touch!
We thank our Partners & Supporters

The Foundation on Global Sports Development supports the Dream Building Fund for a four year term (2021 – 2024)

GIZ supported the organisation of three workshops on table tennis for sustainable development and created a manual on table tennis for development.

The International Federation on Sports for All (TAFISA) will coordinate the “Interact +” project, funded by EU Erasmus+ Programme. With the financial support, the ITTF Foundation will work on bringing theory into practice https://interact-sport.com/toolkit

Oaks Consultancy supports the ITTF Foundation fundraising activities.

TT Connections is supported by the ITTF Foundation to create a handbook about the use of table tennis in the long-term care of people with neurodegenerative conditions like Multiple Sclerosis, Parkinson’s Disease and Mild Cognitive Impairment.

Hellenic Table Tennis Federation committed to partner with the ITTF Foundation on the World Table Tennis for Health Festival to be hosted in Crete, Greece in November 2023.

ITTF EB Members, including ITTF & ITTF Foundation President Petra SÖRLING for their support, ideas and guidance.

ITTF Group Staff, particulary
• ITTF Group CEO Steve Dainton
• Chief Financial Officer Michael Brown
• ITTF Group Head of Communications Tristan Lavier
• IT Director Vatsan Ramaubramanian
• WTT Director Matt Pound
• ITTF Development Director Polona Cehovin
• ITTF Group Human Resources Director Charlotte Lourdes

All our 2022 donors for their warm heart of giving.

All World Table Tennis Day Promoters who spread our word in many different local environments.

All our Dream Builders working daily on building a better world through table tennis.

All our fans on Social Media for enriching our social network and share the news.

Fortschritte GmbH for creativity and for always exceeding our expectations.
Summary

The ITTF Foundation aims to raise its profile and improve communication about its work through several promotional strategies. These strategies involve adapting communication methods to suit different stakeholder groups, promoting the positive impact of using table tennis as a tool for sustainable social development, streamlining communication across media platforms, increasing ownership of the Foundation’s work among current and former players, and encouraging a diverse network of ambassadors to actively participate in improving their communities through table tennis. Ultimately, we aim at strengthening our identity by showcasing powerful impact stories and case studies that demonstrate the changes they have made in communities where they operate. We also aim at enhancing equitable and timely access to our programmes and projects.

Key Performance Indicators achieved in 2022:

- **World-class events**: 1 ITTF & 1 WTT event promoted the ITTF Foundation to all spectators
- **International recognitions**: 3 Nominations, 1 Winner
- **Partnerships**: 1 partnership with a key actor in the field of Sport for Development formalised
- **Featured**: 3 international key platforms featured the ITTF Foundation in 2022: Olympics.com, SportandDev.org, InsideTheGames.biz

Social Media
Social Media followers raised from 28135 to 33210

Newsletter
Growth from 4873 to 5688 subscribers

Websites
Traffic to websites increased from 98340 to 106126
Channel Performance

Total Followers

**33,210**

<table>
<thead>
<tr>
<th>Gender</th>
<th>Female</th>
<th>Male</th>
<th>Non-Binary</th>
</tr>
</thead>
<tbody>
<tr>
<td>2021</td>
<td>28%</td>
<td>72%</td>
<td>0%</td>
</tr>
<tr>
<td>2022</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Social Media Activities

<table>
<thead>
<tr>
<th>Platform</th>
<th>2021</th>
<th>2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>Twitter impressions</td>
<td>141,800</td>
<td></td>
</tr>
<tr>
<td>Facebook posts</td>
<td>340</td>
<td></td>
</tr>
<tr>
<td>Instagram impressions</td>
<td>628,323</td>
<td></td>
</tr>
<tr>
<td>Instagram likes</td>
<td>12,830</td>
<td></td>
</tr>
<tr>
<td>Youtube views</td>
<td>21,202</td>
<td></td>
</tr>
<tr>
<td>Website traffic (ittffoundation.org)</td>
<td>97,505</td>
<td></td>
</tr>
<tr>
<td>Website traffic (tabletennisunited.org)</td>
<td>8,621</td>
<td></td>
</tr>
</tbody>
</table>

Social Media Followers by Channels

<table>
<thead>
<tr>
<th>Platform</th>
<th>2021</th>
<th>2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youtube</td>
<td>2,918</td>
<td>4,211</td>
</tr>
<tr>
<td>Linkedin</td>
<td>1,280</td>
<td></td>
</tr>
<tr>
<td>Instagram</td>
<td>5,401</td>
<td>6,218</td>
</tr>
<tr>
<td>Twitter</td>
<td>1,754</td>
<td></td>
</tr>
<tr>
<td>Facebook</td>
<td>18,368</td>
<td>19,747</td>
</tr>
<tr>
<td>TOTAL</td>
<td>28,815</td>
<td>33,210</td>
</tr>
</tbody>
</table>

Most powerful hashtags

**#ITTFParkinsons**
Promote table tennis as a part of a sustainable healthy lifestyle

**#FundraisingCampaign**
Raise funds to support table tennis projects with social background worldwide.

**#MondayMotivation**
The power of table tennis to motivate or inspire

**#WorldTableTennisDay**
April 6 promotion and how popular, universal and inclusive table tennis can be

**#SportforDevelopment**
Use table tennis for positive social change
## Cashflow Evaluation

<table>
<thead>
<tr>
<th>Expense Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total project implementation (incl. administrative and staff costs)</td>
<td>€ 540,657,26</td>
</tr>
<tr>
<td>Total administration</td>
<td>€ 449,757,54</td>
</tr>
<tr>
<td>Total non tangible assets</td>
<td>€ 5,788,96</td>
</tr>
<tr>
<td>Total cashflow</td>
<td>€ 996,203,76</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Income Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grants</td>
<td>€ 172,035,19</td>
</tr>
<tr>
<td>Business Deed</td>
<td>€ 489,900,57</td>
</tr>
<tr>
<td>Donations Received</td>
<td>€ 341,171,91</td>
</tr>
<tr>
<td>Other income</td>
<td>€ 440,00</td>
</tr>
<tr>
<td>Total income</td>
<td>€ 1,003,547,67</td>
</tr>
</tbody>
</table>

## Financial Overview

### ITTF Foundation, Leipzig

#### PROFIT AND LOSS ACCOUNT for the year 2022

<table>
<thead>
<tr>
<th>Category</th>
<th>€</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Income from the use of donations</td>
<td>998,200,29</td>
</tr>
<tr>
<td>2. Grants</td>
<td>440,00</td>
</tr>
<tr>
<td>3. Other operating income</td>
<td>0,00</td>
</tr>
<tr>
<td>4. Personnel expenses</td>
<td></td>
</tr>
<tr>
<td>a) Wages and salaries</td>
<td>-382,164,89</td>
</tr>
<tr>
<td>b) Social security contributions and other pension costs</td>
<td>-68,476,41</td>
</tr>
<tr>
<td>5. Depreciation on property, plant and equipment</td>
<td>-5,788,96</td>
</tr>
<tr>
<td>6. Other operating expenses</td>
<td>-542,210,03</td>
</tr>
<tr>
<td>7. Other interest and similar income</td>
<td>0,00</td>
</tr>
<tr>
<td>8. Result for the year</td>
<td>0,00</td>
</tr>
</tbody>
</table>

#### Memorandum items

- Donations not yet used resulting from previous year                     | € 538,927,13 |
- Donations received in fiscal year in accordance with business deed of the Foundation | € 489,900,57 |
- Donations received in fiscal year for projects                           | € 513,207,10 |
- Total donations in fiscal year                                          | € 1,542,034,80 |
- Donations not yet used in fiscal year                                     | -€ 543,834,51 |
- Income from use of donations in fiscal year                              | € 998,200,29 |
## ITTF Foundation, Leipzig

**Balance Sheet as by 31 December 2022**

**Assets**

<table>
<thead>
<tr>
<th>A. Fixed Assets</th>
<th>Previous year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Property, plant and equipment</td>
<td>€11,489.00</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>B. Current Assets</th>
<th>Previous year</th>
</tr>
</thead>
<tbody>
<tr>
<td>I. Provisions</td>
<td>€331,817.50</td>
</tr>
<tr>
<td>Goods</td>
<td>€57,957.09</td>
</tr>
<tr>
<td>Other assets</td>
<td>€268,879.79</td>
</tr>
<tr>
<td>II. Receivables and miscellaneous assets</td>
<td>€61,255.76</td>
</tr>
<tr>
<td>III. Cash on hand, bank balances</td>
<td>€265,953.05</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>C. Accruals and deferrals</th>
<th>Previous year</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>€2,216.31</td>
</tr>
</tbody>
</table>

**Liabilities**

<table>
<thead>
<tr>
<th>A. Foundation assets</th>
<th>Previous year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foundation capital</td>
<td>€50,000.00</td>
</tr>
<tr>
<td>II. Results for the year</td>
<td>€0.00</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>B. Provisions</th>
<th>Previous year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other provisions</td>
<td>€56,288.13</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>C. Payables</th>
<th>Previous year</th>
</tr>
</thead>
<tbody>
<tr>
<td>I. Payables vis-à-vis funding bodies</td>
<td>€543,834.51</td>
</tr>
<tr>
<td>II. Trade accounts payables</td>
<td>€0.00</td>
</tr>
<tr>
<td>III. Other payables within those for social security</td>
<td>€15,535.72</td>
</tr>
<tr>
<td></td>
<td>€7,382.28 (previous year: T€ 2.7)</td>
</tr>
</tbody>
</table>

**Extract of the audit opinion of the independent auditor**

To the ITTF Foundation, Leipzig

Audit of the annual financial statements

Audit opinion

We have audited the annual financial statements of the ITTF Foundation, Leipzig – comprising the balance sheet as of 31 December 2022 and the profit and loss statement for the financial year from 01 January 2022 until 31 December 2022.

According to our assessment based on the findings obtained during the audit, the enclosed annual financial statements comply in all relevant aspects with the German accounting provisions applicable to all merchants.

Pursuant to Section 322 (3) P. 1 HGB (German Commercial Code), we declare that our audit did not result in any objections regarding the accuracy of the annual financial statements.

(...)

Dresden, 31 March 2022

Mazars GmbH & Co KG
Audit, tax and accounting firm
Outlook 2023

In 2023 we work towards strengthening and optimising our existing four strategic priorities:

- **Programmes**
- **Organisation & Governance**
- **Promotion**
- **Income Generation & Strong Partnerships**

**WE SUPPORT:**
17 Dream Building initiatives using the power of table tennis for sustainable social change (two to three years of projects using our sport for refugee integration, gender equality, good health and well-being, creation of equal opportunities, and more)
35 World Table Tennis Day Promoters
World Parkinson’s Table Tennis Championships
World Alzheimer’s Table Tennis Championships
ITTF Member Associations affected by natural or human-made disasters
International Top Athletes in urgent need
#TableTennisUnited initiatives affected by international crises such as the war in Ukraine

**WE BUILD CAPACITIES:**
Guidance of 17 Dream Building projects and 35 World Table Tennis Day Promoters
Table Tennis for Development Toolkit
Act Sustainably, Think Now Toolkit
International Sport Organisations to activate Citizens Toolkit

**WE WILL INSPIRE:**
2023 World Table Tennis for Health Festival
How to combine Table Tennis and Sustainability
Gender Equality through Table Tennis
Maintain and update our free online library “Get Inspired”
New Dream Builders to apply for the 2023 Dream Building Fund

**WE INNOVATE:**
Tables 4 All Capacity Building
ITTF FOUNDATION
Call For Action

get involved!

Find yourself in one of the many ways to involve with the ITTF Foundation.

Get active:
- Become a World Table Tennis Day Campaigner. Spread the word and organise your own event on 23 April.
- Create your own Dream Building Project and apply for funds.
- Connect with projects in need or anybody wishing to help through our #TableTennisUnited Fundraising Campaign.

Share your knowledge with us:
- Share examples of how you and your community promote healthy lifestyles, use table tennis for positive social outcomes, leave positive legacies of your table tennis events and live table tennis for ALL.

Support us financially:
- Sponsorships
  Sponsor the ITTF Foundation itself, a programme or a specific project.
- Donations
  Every cent counts.

Socialise:
- Find us online, keep up to date about our activities and encourage your community to get involved in using table tennis for social good (sharing is caring).

Account holder: ITTF Foundation
IBAN: DE23 4306 0967 4085 9477 00
Account number: 4085 9477 00
BIC: GENODEM1GLS
Bank: GLS Bank, Bochum, Germany

Online Donation: www.ittffoundation.org/donation

Get in touch:
Richard-Wagner-Str. 10
04109 Leipzig, Germany
info@foundation.ittf.com
ITTFFOUNDATION.org

@ittffoundation
Dear Friends and Supporters,

In 2023, we are filled with enthusiasm and determination to further strengthen and optimise our strategic priorities. The ITTF Foundation, together with our partners and stakeholders, remains committed to using the power of table tennis to drive sustainable social change.

Together, we aim to make a lasting impact in areas such as refugee integration, gender equality, good health and well-being, equal opportunities, and more.

We proudly support our Dream Building initiatives and aid ITTF Member Associations affected by crises and assist international top athletes in need.

Building capacities and inspiring others are key. We guide projects and promoters, offer sustainability and citizen activation toolkits.

The 2023 World Table Tennis for Health Festival is crucial for promoting well-being and the use of table tennis in cases of mental disorders.

Innovation drives us forward. We’re proud to introduce the Tables 4 All Capacity Building initiative, ensuring access to table tennis for all.

Thank you for your unwavering support. Together, we can create a brighter future through the power of table tennis. Let’s embrace the opportunities and challenges of 2023.

Sincerely,

Petra Sörling, ITTF Foundation President

“As an Ambassador and IOC member, I am immensely proud to dedicate myself to promoting peace and unity through the power of table tennis. We have the incredible opportunity to bridge divides, foster understanding, and create lasting connections between individuals and communities worldwide. By bringing table tennis everywhere to everyone, we are paving the way for a more inclusive and harmonious world. Together, let us serve up peace!”

RYU Seung-min, ITTF Foundation Ambassador, 4x Olympian, President of Korean Table Tennis Association, IOC Member

Sponsors & Donors

At the ITTF Foundation, we express our deep appreciation for our sponsors and donors on our real Wall of Honour at the headquarters in Leipzig, Germany, and directly on our virtual Wall of Honour on our homepage.

Enclosed you will find an overview of who supports our cause, financially and through donations in kind.

WALL OF HONOUR

<table>
<thead>
<tr>
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<th>Business Supporters</th>
<th>In Kind Business Supporters</th>
</tr>
</thead>
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United we stand.
Help us support the table tennis family affected by crises.
Join us.

#TableTennisUnited
Donation Campaign